



# Pitch Side Immediate Trauma Care Course (PSITCC)

presented by  
Hong Kong College of Emergency Medicine (HKCEM)  
and  
England Rugby Football Union (RFU)  
endorsed by  
Royal College of Surgeons, Edinburgh, UK



## General Information

Please find enclosed details of the inaugural RFU/HKCEM **Pitch Side Immediate Trauma Care Course (PSITCC)** programme to be held in March 2010. The course is non-profit making and delegate fees will match the true costs of running and maintaining the programme.

### Background

While catastrophic injuries are not common in sports events, it is essential when they do occur, that medical teams are appropriately prepared and trained for such an incident. In the UK, this requirement and the lack of advance courses to specifically address these needs led to the development of the PSITCC by the England Rugby Football Union (RFU) in 2005. Since then, many courses have been successfully run in UK. To raise the standard of pitch side medical care in Hong Kong, The Hong Kong College of Emergency Medicine (HKCEM) and RFU are delighted to bring this course to Asia.

### Course overview

**Who should take this course?** The two-day course is a sports-specific course that addresses the Immediate Care training needs of doctors, nurses and physiotherapists working within sports. The course will draw on existing hospital immediate care courses, i.e. BLS, ACLS, ATLS, and PHTLS, but have additional sports-specific modules such as on-field assessment of concussion, wound care and wound closure. Candidates need to have some knowledge of BLS, ACLS, ATLS or PHTLS when they apply for the course. **For applicants without prior knowledge, a pre-course workshop is required.**

**Who teaches the course?** Each course will be led by Dr. Andy Smith (Course Director of the original PSITCC from RFU), assisted by a 10-person teaching faculty (**5 from the UK and 5 from HK**) with extensive experience of pre-hospital immediate care and sports medicine education.

#### How is the course taught?

- **Before the course:** A CD-ROM of the course material will be sent out to delegates 3 weeks before the course starts, followed by an MCQ test to be submitted before the course starts. We will let you know if you are advised to take the pre-course workshop or not.
- **During the course:** Teaching is by lectures, practical skill stations and moulage practice.
- **Passing the course:** Continuous assessment is made during the course. At the end, an exam by an MCQ test and mock casualty moulages are included.

#### Pre-test paper

After your application is accepted, you will be sent a CD-ROM with the course materials. You will also be sent an MCQ test. This test has to be completed within 1 week of sending (or latest before March 15<sup>th</sup>) and the pass mark will be 75%.

#### Course exam

During the course, there will be continuous assessment, a test moulage and a written MCQ paper at the end of the course. The pass mark of the written paper will be 80%.

#### Failures and retests

If a candidate is unsuccessful in the continuous assessment, exam or moulages, they will not qualify for accreditation. Such candidates will be discussed by the faculty and a decision made as to what they need to do to gain accreditation. If a candidate is unsuccessful in one component they will most likely be invited to attend the next course in the UK or next course in HK, to re-take that part of the assessment. If a candidate is unsuccessful in more than one component they will most likely be asked to undertake the whole course again in the UK, or the next course in HK.



# Pitch Side Immediate Trauma Care Course (PSITCC)

presented by  
Hong Kong College of Emergency Medicine (HKCEM)  
and  
England Rugby Football Union (RFU)  
endorsed by  
Royal College of Surgeons, Edinburgh, UK



## When is the course held?

- 1) **Regular course:** 22<sup>nd</sup> – 23<sup>rd</sup> March 2010 (Mon – Tue) **OR** 24<sup>th</sup> – 25<sup>th</sup> March 2010 (Wed – Thu)  
2) **Pre-course workshop:** 13<sup>th</sup> March 2010 (Saturday) **OR** 14<sup>th</sup> March 2010 (Sunday)

## Where is the course held?

- 1) **Regular course:** CAS Headquarters, To Wah Road, Jordan, Kowloon  
民眾安全服務隊總部 九龍佐敦 渡華路  
([click for CASHQ map](#))  
2) **Pre-course workshop:** Room 3, Ground Floor, Block M, Queen Elizabeth Hospital, Kowloon  
([click for QEH map](#))

## Course Programme

- 1) **Regular course:** [Click for Course Programme](#)
- Refreshments (lunch not included) during each day.
  - A certificate issued by RFU and endorsed by RCS Edinburgh will be issued to candidates who pass the end-of-course exam. (Re-certification courses will be arranged each year.) Maximum 25 candidates per course.
- 2) **Pre-course workshop:** [Click for Pre-Course Workshop Programme](#)
- This is a prep course for those who have no prior experience in basic life support or basic pitch-side medical support. No exam is required for this.

## Course fees

- 1) **HKCEM fellows and members:** HK\$4,500 (all inclusive)  
2) **Special Concession for Hong Kong Rugby Union Voluntary Medical Team:**  
\$4,500 (regular 2-day course)  
+ \$700 (Royal College of Surgeons Certificate)  
+ \$300 (pre-course workshop)  
3) **Non HKCEM members:** HK\$6,000 (all inclusive)

## Application form

Click for [Application Procedure](#) and [Registration Form](#)

## Payment

Please send a cheque for the appropriate amount payable to the “**Hong Kong College of Emergency Medicine**” with your application form.

## Enquiries and applications:

Ms. Iris Lam at HKCEM at [em-it@hkam.org.hk](mailto:em-it@hkam.org.hk) (Tel: 2871 8877)

We look forward to seeing you at the course.

**Dr Andy Smith**  
PSITCC Director  
RFU

**Dr. Ken Wu**  
Chairman of the Sports Medicine Sub-Committee  
HKCEM