

Neuro-Semantics(NS)-NLP Training workshop Series

“ENVISIONING A PREFERRED FUTURE IN WORKPLACE”

Program Code : MAGIC NLP INTEGRAL 123

Integral NLP Practitioner Course for Health Care Professionals

- Neuro-Linguistic Programming
Practitioner Course with International Certification
by ISNS (international Society of Neuro-Semantics)

(身心語言程式學國際認證課程)

(Co-organised by **the A&E Training Center
Ruttonjee/Tang Shiu Kin Hospital
And HKSEMS-The Hong Kong Society
for Emergency Medicine and Surgery)**



By Principal NS-NLP Trainer

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Consultant, A&E PMH
FHKAM (Emergency Medicine)
Licensed NLP Trainer

Version 3 (updated) : July/2010

(A) PROLOGUE (前記)

The guiding “**Chariot of Fire**” :

- (i) It is written ...
 “ASK and it will be given to you;
SEEK and you will find;
KNOCK and the door will be opened to you ...” Matthew 7:7
- (ii) “Living up to the NLP DREAM in clinical practice and let REALITY & RESOURCES catching up” Anon
- (iii) “天行乾(健) … NLP training … 自強不息, 地勢坤 … NLP training … 載德厚物, 既濟未濟 … 生生不息” 易經

(B) The Program Training Objective (課程培訓目標)

- (i) To apply Well-Formed NLP knowledge, skill and attitude for professional and personal excellence in Clinical Practice.
- (ii) To elicit and…then deepen the resourceful, Alpha psychological State for effective and optimal work performance.
- (iii) To align the NEURO (including Neuro-logical levels and subconscious mind)-LINGUISTIC (verbal , intra-verbal and non -Verbal) Congruence for professional and personal growth and development.

(C) The Training Road-Map (培訓路線圖)

➤ 10 Training Workshops (6 whole days- Didactic& Experiential Workshops- 00.90-17.00 hr and 3 half-days- NLP skills Practice Workshops - either AM or PM - 00.90-13.000 hr or 14.00-16.00hr Plus Day of Graduation Presentation Workshop)

➤ 3 levels MODULE Structure

- (a) **Level 1 module** - 20 hours (2½ days training workshops)
 (單元一) Theme : **Communicating & Self-empowering Excellence thro' NLP**
- (b) **Level 2 module** - 20 hours (2½ days training workshops)
 (單元二) Theme : **Languaging the path of Transformational Change thro' NLP**
- (c) **Level 3 module** - 20 hours (2½ days training workshops)
 (單元三) Theme : **Mastering the Path of Generative Personal growth & Development thro' NLP**

(The Metaphors in Trilogy – 三部曲)

Level 1	- Basic	- 基礎篇
	The Butterfly's FLAP	蝴蝶的振拍
Level 2	- Linguaging	- 語言篇
	The Dolphin's LEAP	海豚的跳躍
Level 3	- Integral	- 整全篇
	The Eagle's HOVER	鷹的翱翔

(D) The Overall Course Structure / Outline / Format

Key Components

(1) Training workshop attendance (20 Hrs x 3)	60 hrs	(at least 80%)
(2) Post-workshop worksheet assignments x 6	12 hrs	
(3) Integral NLP practitioner course	> 23 hrs	
Outline self-learning (23 topics)		
(4) Textbook (Magic in Practice) reading and	> 36 hrs	
Graduation Oral presentation (10+/-2 minutes)		
on Experiential learning and Applications		
in work/life		
	Total : > 123 hrs	

The Training Approach and Formula

K.S.E. → P

-	Knowledge	知識
-	Skill	技能
-	Experiential learning	體驗
Then		
-	Practice / Practice / Practice	熟練
-	Conscious to Subconscious Competence	

The Training Format

- lectures, demonstrations, exercises, role-play, story-telling, assignments, readings, self-study ……

Focus on Experiential Learning and Self-Discovery

- For Each Level-
2 whole day Didactic and Experiential Workshops (attended by whole class)
and half day NLP skill practice workshop (the class will be split into 2 halves
either am or pm for better Training/Coaching)

Duration : 3-4 months (one month plus for each level)

Medium of Instructions : Bilingual (English and Cantonese)

Class Size : 24-30

(E) Textbooks to Purchase (Bulk purchase will be arranged with Mac-Barron)**Level one**

5 Minutes NLP – Practice Positive Thinking Everyday (HK\$50)

by Carlyss Boyes

Level two and three

Magic in Practice – Introducing Medical NLP, the art & science of language in healing and health (US\$39.99)

– by Garner Thomson with Dr Khalid Khan

Other References:

- i. Consulting with NLP – NLP in medical consultation (US\$48.00)
– by Lewis Walker
- ii. NLP & coaching for health care professionals developing expert practice (US\$51.28)
– by Suzanne Henwood, Jim Lister
- iii. The User’s Manual for the Brain– The Complete Manual for NLP Practitioner Certification (US \$40.95)
– by Michael hall and BOB Bodenhamer

(* price quoted in Amazon.com)

WEBSITES: www.hksems.org.hk
www.medicalnlp.com
www.nlpu.com
www.neurosemantics.com

(F) Certification– participants on attending 80% of the Workshop Training and submitted the required course work assignments and graduation presentation will be given 2 NLP Practitioner certificates

One local by the HKSEMS and A&E Training Center

ONE International – BY ISNS– international Society Of Neuro–Semantics.

(G) EPILOGUE (後記)

It is MEANINGFUL to think BIG

It is WONDERFUL if it comes TRUE

(H) Integral NLP Professional Practitioner Training Contents :-Overall Topic Outline Reference :

- (1) Overview and history
- (2) NLP presupposition
- (3) Rapport-establishment and maintenance of
- (4) Pacing and leading
- (5) Calibration
- (6) Representational systems
- (7) Submodalities and application
- (8) Dissociation and association
- (9) Meta-model of language
- (10) Milton-model of language
- (11) Elicitation of well-formed, ecological outlines and structures of present state
- (12) Metaphor creation
- (13) Frames (outcome, back track, relevancy, “as if”, agreement etc)
- (14) Anchoring
- (15) State management
- (16) Feedback – giving and receiving sensory specific feedback
- (17) Perceptual positions
- (18) Neurological levels
- (19) Outcome-oriented accessing and utilizing of resources
- (20) Positive intention
- (21) Re-framing
- (22) Strategies, detection, elicitation, utilization and installation
- (23) Time -line

(I) Appendix (附錄) : informational

What is NLP ? (身心語言程式學)

NLP stands for Neuro-Linguistic Programming

- | | |
|---------------------|--|
| <u>N</u> euro | – neurology, the nervous system, the conscious and subconscious mind |
| <u>L</u> inguistic | – the verbal (words), intra-verbal (tonality) and non-verbal (body) language used to communicate |
| <u>P</u> rogramming | – unique way one put the neuro-linguistic patterns to create thinking, emoting and behaving (analogy of files or programs in the computer) |

Co-created by **Richard Bandler** (a student) and **John Grinder** (a professor) in early 1970 at the University of California, U.S.A.

- the **Essence** of NLP is modeling personal and professional excellence and Peak performance by studying “**The Difference that makes the Difference**”
- NLP is process-orientated and contents-free and has already wide applications in the fields of business, management, health, education, change-work (coaching, counseling and psychotherapy), sports etc. etc. etc.
- NLP 是**如何達致卓越的學問** (the “**Hows**” Vs the “**Whys**” and the “**Whats**”)
- NLP is the study of **Human Subjective Experience**

(J) What is the Magic in NLP and also 123 ?

Motivation
Activation
Generation
Imagination
Cooperation

1-2-3 means levels **one-two-three**, also means **123** hrs of Training and Study

- (1) The Heart and Spirit of NLP is all about **Modeling and Modeling Excellence**
- (2) It is all about Senses, Filters/ Frames, Words and States
- (3) V.A.K. are the “**Bible**” alphabets of NLP (**V**isual, **A**uditory and **K**inesthetic)
- (4) It is also all about **Awareness, Flexibility and Choice**
- (5) The “**Hows**” of the Biomedical–Psycho–Social **paradigm shift** in Clinical Practice

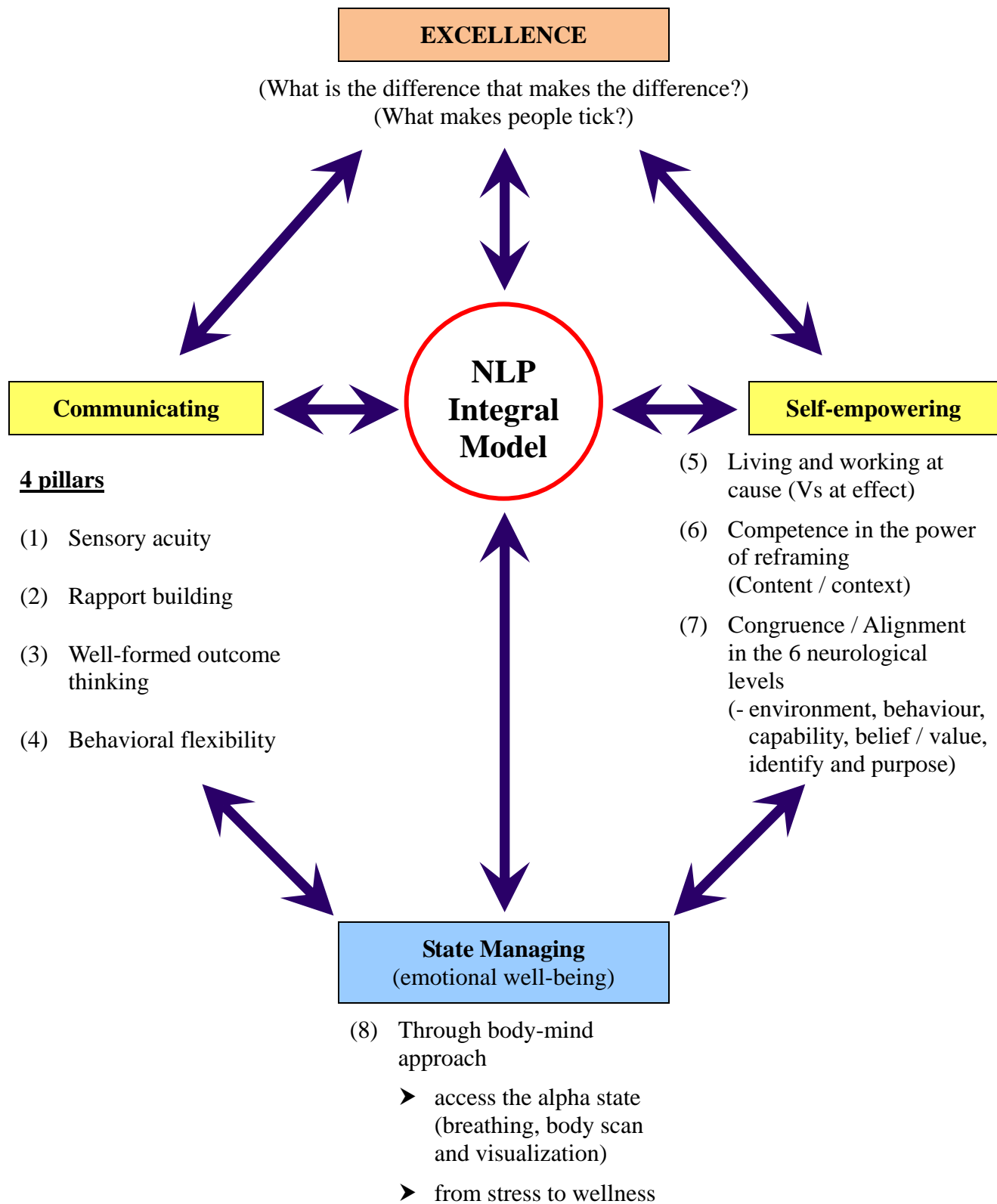
Note : NLP approach is Process-orientated (content free), with wide practical application in The fields of business, management, clinical/health care, Education, Sports, Change work-Coaching/Counseling and Psychotherapy

(K) The Trainer’s Credentials

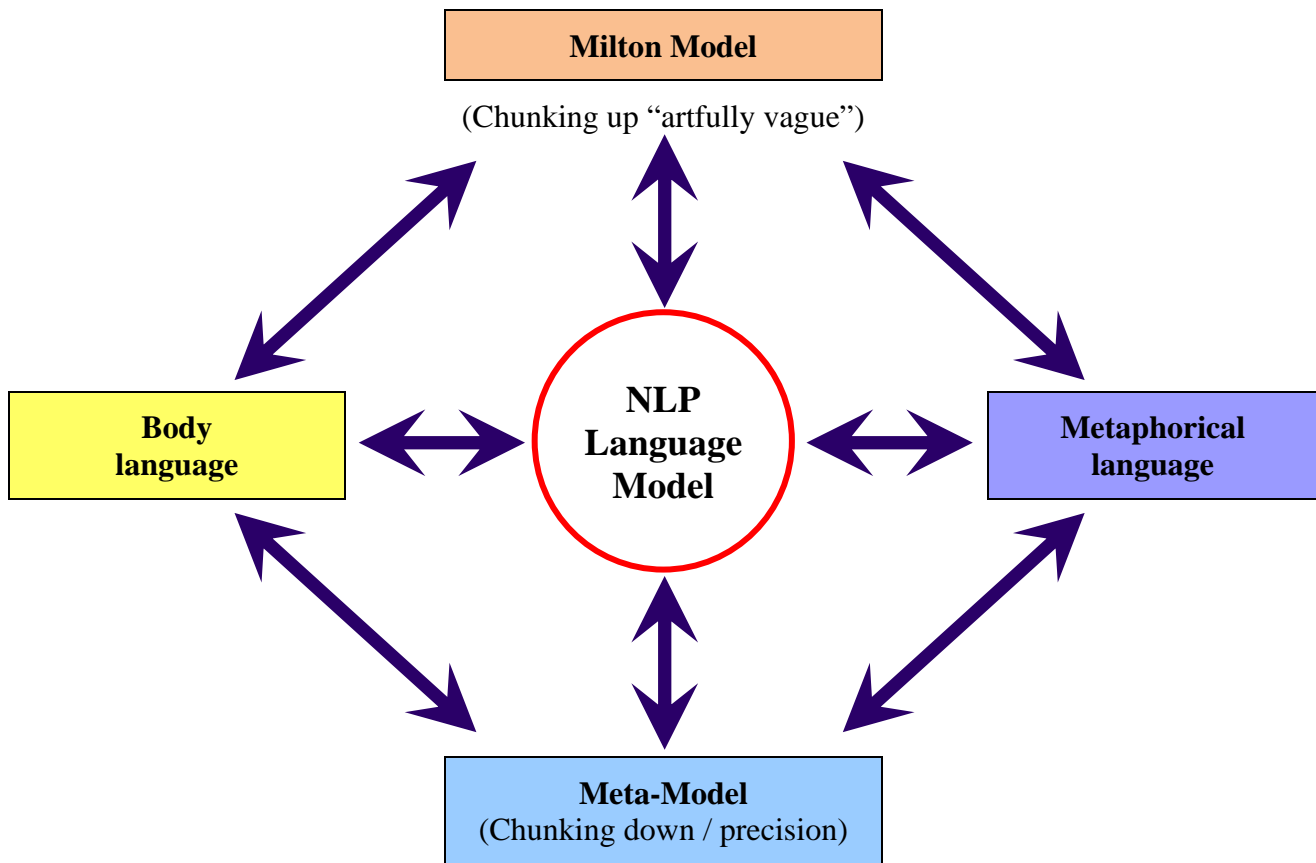
- (1) The Trainer has learned NLP under International Master Trainers :
 Richard Bandler _ the father and Co -creator of NLP
 Robert Dilts, Judith Delosier, Suzi Smith, (NLPU- Santa-Cruz – the birthplace OF NLP
 Michael Hall (NLP and Neuro-Semantics (身心語義學)),
 Gardner Thompson (Medical NLP),
 Jeffrey K. Zeig (Ericksonian Psychotherapy),
 Gary Quinn (EMDR approach to psychotherapy),
 Stephen Gilligan (Hero’s Journey)
- (2) The Trainer had conducted a series of basic NLP workshops in the past 3 years :
 For PMH (A&E/EMW and hospital staff and nurse management)
 CMC (A&E / EMW) and QMH(A&E),
HK Adventist Hospital (middle level management staff),
Union Hospital (Emergency Medical Center),
 Stress Management Workshops for CMC, PMH, HA A&E COC, and
 AHKNS (香港護士協會)

 Guest speaker in NLP training programme of the
New Life Psychiatric Rehabilitation Association (新生精神康復會)
HAHO KWC level One and Two – Communicating & Self-empowering
 Excellence through NLP
 – languaging the path of transformation Change
The Hong Kong Medical Hypnotherapy Association- level One and Two
- (3) The Trainer has become one of the licensed NLP Trainers in the **Society of Neuro-linguistic Programming TM** founded by **Dr Richard Bandler**, the Father & Co-creator of NLP, in **March 2010 (USA)**.
- (4) the Trainer will become one of the licensed **Neuro-Semantics NLP** trainers in the **International Society Of Neuro-Semantics (ISNS)** founded by **Dr Michael Hall** in **June 2010**
(Neuro-Semantics concerns Meta-NLP (about ,above and beyond NLP)
and is about achieving Ultimate Self -Actualization with peak performance and meaning)

Level I (單元一) : Mental Map Vs Territory (Butterfly Flap)



Level 2 (單元二) : Mental Map Vs Territory (Dolphin Leap)



Level 3 (單元三) : Mental Map Vs Territory (Eagle Hover)

